



Academic Personnel Short Profile / Short CV

University:	Neapolis University Pafos
Surname:	Argyrides
Name:	Marios
Rank/Position:	Professor
Faculty:	Health Sciences
Department:	Psychology
Scientific Domain: *	Counseling Psychology

* *Field of Specialization*

Academic qualifications (list by highest qualification)

Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2006	Tennessee State University, USA	Counselling Psychology	Cross-Cultural Perceptual Differences Among African-American, Caucasian, and Greek-Cypriot College Students
MSc	2002	University of South Alabama, USA	Applied Clinical Psychology	A Multicultural Investigation of Person Perception, Prejudice, and Aggression
BA, <i>Cum Laude</i>	2000	University of South Alabama, USA	Psychology	None

Employment history in Academic Institutions/Research Centers – List by the three (3) most recent

Period of employment		Employer	Location	Position
From	To			

2024	Present	NEAPOLIS UNIVERSITY	PAFOS	PROFESSOR
2019	2024	NEAPOLIS UNIVERSITY	PAFOS	ASSOCIATE PROFESSOR
2015	2019	NEAPOLIS UNIVERSITY	PAFOS	ASSISTANT PROFESSOR
2011	2015	NEAPOLIS UNIVERSITY	PAFOS	LECTURER

Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)

Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2025	Body image distress and disordered eating among gay and straight men from Greece and Cyprus.	Anastasiades, E., Dakanalīs, A., & Rodosthenous, S.	<i>Eating Disorders,</i>	33(1)	44–59
2	2024	Body Weight and Food/Eating-Related Behaviors During the COVID-19 Pandemic or Other Traumatic or Stressful Life Events.	Dakanalīs, A.	<i>Nutrients,</i>	16(21)	3701
3	2024	The Experience of Embodiment Scale: An examination of its psychometric properties in women from the Republic of Cyprus.	Swami, V., Maïano, C., & Anastasiades, E.	<i>PLoS ONE</i>	19(5)	e0303268
4	2024	Greek Adaptation of the Teruel Orthorexia Scale (TOS) in Adults from the Republic of Cyprus: A Bidimensional Model May Not be Universal.	Anastasiades, E., Maïano, C., & Swami, V.	<i>Appetite</i>	194.	
5	2023	Exploring the role of positive body image in healthy orthorexia and orthorexia nervosa: A gender comparison.	Anastasiades E.	<i>Appetite</i>	185	https://doi.org/10.1016/j.appet.2023

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6	2021	The Impact of the COVID-19 Pandemic on Mental Health: Evidence from Cyprus.	Mousoulidou, M., Siakalli, M., Christodoulou, A.	<i>International Journal of Environmental Research and Public Health</i>	18	3868
7	2021	Associations between body dissatisfaction, importance of appearance, and aging anxiety with psychological distress, and appearance-related behaviors in middle-aged women.	Carrard, I., Argyrides, M., Ioannou, C., Kvale, N.I., Waldherr, K., Harcourt, D., & McCardle, S.	<i>Journal of Women and Aging</i>	33(1)	70-83
8	2022	Predictors of enhancing human physical attractiveness: Data from 93 countries	Kowal, M., Sorokowski, P., Pisanski, K.,	<i>Evolution and Human Behavior</i>	43	455-474
9	2022	Translation and validation of the Greek version of the Modified Weight Bias Internalization Scale in an adult population.	Charalambous, Z., Anastasiades, E., & Michael, K.	<i>Clinical Obesity</i>	13	https://doi.org/10.1111/cob.12503
10	2020	Risk and Protective Factors of Disordered Eating in Adolescents Based on Gender and Body Mass Index.	Anastasiades, E., & Alexiou, E.	<i>International Journal of Environmental Research</i>	17	9238

Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)

Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
1					
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** Specify venue, geographic location etc*

Research Projects. List the five (5) more recent and other five (5) selected (max total 10)				
Ref. Number	Date	Title	Funded by	Project Role*

1. 2024-2026 Partner. DEDICATION: Digitisation and Equity, Diversity, and Inclusion (EDI) to Enhance Care for Youth with Congenital Anomalies: A Training Program for Healthcare Workers in Delivering Psychosocial Interventions. Project Code: 2024-1-SE01-KA220-HED-000245464. €400,000.
2. 2024-2026 Principal Investigator. Body Shaming: Reframing the Perfect Picture through Active Youth. Project Code: 2024-1-CY01-KA154-YOU-000234847. €40,000.
3. 2023-2025 Partner. IDEATE: Inclusion and Diversity Education through Applied Design Thinking for Equity. Erasmus+. Project Code: 2023-1-SE01-KA220-HED-000161031. €250,000.
4. 2022-2025 Partner. Face Equality Training. Innovative training in the health, social and volunteering sectors that will empower people with disfigurements to overcome social and psychological challenges in everyday life. Erasmus+. Project Code: 2022-1-NL01-KA220-VET00008. €250,000.
5. 2022-2025 Partner. BIIPA – Body Image and Inclusive Physical Activity – a psychological, educational and public health perspective for higher education. Erasmus+. Project Code: KA220-HED-853FE10D. €250,000.
6. 2021-2025 Partner. “nEUROcare - a European initiative for capacity building to meet the challenges of caring for people with neurodegenerative disorders in Sri Lanka”. Erasmus+. Project Code: 2020-EAC-A02-2019-CBHE. €828,236.

7. 2020-2023 Partner. "EUROTEQ - clinical measurement literacy for EUROpean Transparency and EQuality in health". Erasmus+. Project Code: 2020-1-SE01-KA202-077806. €271,980.
8. 2018-2020 Partner. "Act Now - A training program development for healthcare professionals to use the principles of acceptance and commitment therapy (ACT) to facilitate patient adjustment to the challenges of living with a visible difference. Erasmus+. Project Code: 2018-1-EL01-KA202-047907. €227,871.
9. 2018-2022 Partner. COST European Action CA16234 - European Cleft and Craniofacial Initiative for Equality in Care. Representative of Cyprus. €600,000
10. 2013-2017 Partner. COST European Action IS1210 - Appearance matters: Tackling the physical and psychosocial consequences of dissatisfaction with appearance. Representative of Cyprus. €661,000

**Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees.				
List the five (5) more recent (Optional Entry)				
Ref. Number	Period	Organization	Title of Position or Service	Key Activities
1	2023-Today	Cyprus National Bioethics Committee	Appointed Member	Review and approve/reject all incoming applications
2	2019-Today	European Association of Counselling Psychology	Editor-in-Chief	Managing European Journal of Counselling Psychology
3	2017-2019	European Association of Counselling Psychology	Associate Editor	Associate Editor of European Journal of Counselling Psychology

4	2020-Today	Latvian Quality Agency for Higher Education	Expert	Assess Educational Programs of Tertiary Education in Latvia
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Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)			
Ref. Number	Date	Title	Awarded by:
1	2023	Clinical Obesity Journal	Wiley Top Cited Article 2022-2023
2	2022	Bronze Medal (2022) (Against School Bullying)	Cyprus Educational Leaders Awards
3	2021	Bronze Medal (2021) (Covid Conscious Category)	Cyprus Educational Leaders Awards
4	2021	Outstanding Oral Presentation Award	Eating Disorders Alpbach

Other Achievements. List the five (5) more recent and other five (5) selected. (max total 10) (Optional Entry)			
Ref. Number	Date	Title	Key Activities:

EDITED VOLUMES

Argyrides, M. & Dakanal, A. (2023). Editors. *Special Issue in journal Nutrients*. Body weight and food/eating-related behaviours during COVID-19 pandemic, traumatic or stressful life events.

Dakanalis, A., Kashyap, R., **Argyrides, M.**, Kurdak, H., & Sedgewick., F. (2023). *Special Issue in Frontiers in Psychiatry*. Editors. Break the Mental Health Stigma: Eating Disorders.

Argyrides, M. (2019). *Special Issue in European Journal of Counseling Psychology*. Guest Editor. Body Image and Eating disorders in Europe, 8, <https://ejcop.scholasticahq.com/issue/2461>.