

### Academic Personnel Short Profile / Short CV

<b>University:</b>	NEAPOLIS PAFOS
<b>Surname:</b>	REPPA
<b>Name:</b>	GLYKERIA
<b>Rank/Position:</b>	LECTURER
<b>Faculty:</b>	SCHOOL OF HELTH SCIENCES
<b>Department:</b>	DEPARTMENT OF PHSYCOLOGY
<b>Scientific Domain: *</b>	EDUCATIONAL PSYCHOLOGY

\* *Field of Specialization*

Academic qualifications (list by highest qualification)				
Qualification	Year	Awarding Institution	Department	Thesis title (Optional Entry)
PhD	2015	National and Kapodistrian University of Athens (with scholarship)	PHISICAL EDUCATION & SPORTS SCIENCES	THE EFFECT OF CREATIVE MOVEMENT AND IMPROVISED GAME ON PHYSICAL ACTIVITY SELF-EFFICACY AND ON INTRINSIC MOTIVATION IN 4TH GRADE PRIMARY SCHOOL STUDENTS
M.A. in Education (sciences)	2009	Roehampton University UK	EDUCATIONAL SCIENCES	
Msc in Sports Science	2004	Loughborough University, UK	SPORTS SCIENCE	
Master in Educational phycology	2020	University of Neapolis Pafos CY	PHYCOLOGY	
Bachelor	2018	EUROPEAN UNIVERSITY OF CYPRUS	DEPARTMENT OF PSYCOLOGY, SOCIAL & BEHAVIORAL SCIENCES	

Bachelor	2003	National and Kapodistrian University of Athens	PHISICAL EDUCATION & SPORTS SCIENCES	
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Employment history in Academic Institutions/Research Centers – List by the three (3) most recent				
Period of employment		Employer	Location	Position
From	To			
07/2020	TODAY	Neapolis University of Cyprus	Cyprus -Paphos	Lecturer
01/2019	05/2020	Neapolis University of Cyprus	Cyprus -Paphos	ATS Associate Teaching Staff
01/2019	06/2020	European University of Cyprus	Cyprus -Nicosia	External Coordinator /supervisor of master thesis
09/2018	05/2019	Frederick, University	Cyprus -Nicosia	ATS Associate Teaching Staff
10/2016	Today	Aegean University	Greece -Rhodes	External Scientific Teaching Staff P.D 407

Key <u>refereed</u> journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)						
Ref. Number	Year	Title	Other authors	Journal and Publisher / Conference	Vol.	Pages
1	2025	Mindfulness in Education.	Michael, K.	L. Ioannidou & A. Argyriadi (Eds.), Effective Practices for Mental Health Promotion in Education, IGI Global		181-204
2	2025	Promoting entrepreneurial mindset in education and the role of Motivation in compulsory education	Chaidas, D.	Masouras, A., Apostolopoulos, S., Real-World Tools and Scenarios for		

				Entrepreneurship Exploration, IGI GLOBAL		
3	2025	The Contribution of Training to Employee Engagement for Successful ESG Strategy Implementation	Chatzimichailidou,P., Reppa, A., Karava, Z., Kanakaris, V., Serdaris, P.	Ragazou, K., Garefalakis, A., Papadimitriou, C., & Samara, A., : Sustainability Through Green HRM and Performance Integration. IGI GLOBAL		
4	2024	Applying Positive Psychology in School Settings: Effectiveness and Challenges.	Michael, K., Ioannidou, L.	L. Ioannidou & A. Argyriadi (Eds.), Building Mental Resilience in Children: Positive Psychology, Emotional Intelligence, and Play		
5	2023	Entrepreneurial education: An overview of alternative and effective school practices and actions in Cyprus and Greece educational system	Kazi, M., Charalambous, M., Athanasoula – Reppa, A.	<i>International Journal of Educational Administration and Policy Studies</i>	15	9-18
6	2023	The Impact of Self-efficacy on the Well-being of Primary School Teachers: A Greek-Cypriot Study	Mousoulidou, M., Tovla, E., Koundourou, C. and Christodoulou A.	<i>Frontiers in Psychology</i>		
7	2021	The impact of Covid – 19 on the educational Process: The role of the school principal.	Charalamrous, C., Papadeimetriou, C.	<i>Journal of Education,</i>		1-8
8	2021	Mindfulness. Learn how to enjoy your life, theory and practical exercises		<i>Papazisis publication</i>		

9	2020	The role of school counseling in crisis management	Karava, Z., Markolefas, N., Reppa G.	Theory and Research in Educational Sciences	53	51-71
10	2019	Active learning with strategy L.A.F.F. don't C.R.Y. basic tool communication between teachers and parents (in Greek)	Reppa, G.P.	Scientific Yearbook of Teachers Primary schools in prefecture Corinth (ISSN: 2408-0594 )	8	23-29
11	2017	The Effects of a Yoga and Mindfulness Techniques Program on the Prosocial Behavior and the Emotional Regulation of Preschool Children: A Pilot Study		Educ Res Appl: ERCA-138. DOI: 10.29011/2575-7032/100038		

**Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10)**

Ref. Number	Date	Topic	International / Local	Location*	Role in Exhibition
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\* Specify venue, geographic location etc

**Research Projects. List the five (5) more recent and other five (5) selected (max total 10)**

Ref. Number	Date	Title	Funded by	Project Role*
1	2022-2025	BIIPA	Neapolis university of Pafos	Research Team Member
2	2020- 2021	Behavioral and emotional disorders of children and adolescents during the Covid_19 epidemic	Ministry of Health Greece	Research Team Member
3	2017-2018	Challenges associated with the management of the school in conditions of economic crisis (in Greek)	University of CY	Assistant Researcher
4	2011-2013	Professional selections and labour market".(in Greek)	University of CY	Assistant Researcher
5	2011-2012	Scientific program "Education of foreigners and repatriated students Α.Π.2»(in Greek)	University of Ioannina &/European Union	Assistant Researcher
6	2007 – 008	Implementation of the pilot programme "Greek as a second foreign language" through theatrical play and dance ''(in Greek)	Center of intercultural studies University of Athens & European Union	Research Team Member
7	2004-2005,	Panhellenic Research "Promoting gender equality in transition from education to the labor market: counselling and career guidance actions with gender perspective" Creating educational programs for gender promotion (in Greek)	Aristoteles University of Thessaloniki & European Union (ΑΠΘ/ ΕΠΕΑΕΚ )	Research Team Member
8	2002-2003	Research entitled "Sport opportunities and representations of the student population of Attica", (in Greek)	P.E. Departement University of Athens	Research Team Member

9	2019 – Today	Counseling and Guidance	University of Aegean	Academic Coordinator
10	2019 – Today	Mindfulness: dexterities for emotional Intelligence		Academic Coordinator
11	2016 – Today	Training of Trainers in Vocational and Technical Education		Scientific Coordinator

*\*Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other*

<b>Academic Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent (Optional Entry)</b>				
<b>Ref. Number</b>	<b>Period</b>	<b>Organization</b>	<b>Title of Position or Service</b>	<b>Key Activities</b>
1	2020 - today	Neapolis University Pafos	Coordinator of MSc. Educational Psychology	
2	2016 – today	International journal of educational research	Reviewer	
3	2010-today	Journal of sport and health science	Reviewer	
4	2010- today	Journal of medicine and medical science	Reviewer	
5				

**Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected.  
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Awarded by:
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**Other Achievements. List the five (5) more recent and other five (5) selected.  
(max total 10) (Optional Entry)**

Ref. Number	Date	Title	Key Activities:
1	2018	Magna Cum Laude. For the Graduation series 2nd place in the psychology degree from European University Cyprus	Student (Excellence in courses and work)
2	2017	Second Prize for academic achievements during the fall semester in the psychology program of the European University Cyprus.	Student (Excellence in courses and work)
3	2017	Third Prize for academic achievements during the spring semester in the psychology program of the European University Cyprus.	Student (Excellence in courses and work)

4	2016	First prize for academic achievements during the spring semester in the psychology program of the European University Cyprus.	Student (Excellence in courses and work)
5	2010-2013	Scholarship for doctoral thesis, National Kapodistrian University of Athens.	Research activities as PhD candidate for the elaboration of doctoral thesis and subsidiary teaching work.
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